



Frederick County Infants and Toddlers Program

From the Family Support Network Coordinator– Julie DeRoner

Happy New Year to everyone! I hope everyone enjoyed their holidays. I had hoped that we would be skiing and snow tubing over our break but the forecast is not looking good for winter sports. So for now the boys and I will dream of snow days filled with a winter chill and hot cocoa and a good book and board games. When the snow does finally come be prepared for those long days with activities if you can't get outside. I would bring in snow balls, put them in the freezer and later make little snow men. It was fun to see the boys reactions. These are opportunities for learning new things and to learn about ourselves and our children.

Each year I wonder where the time has gone and I think about the things I need to do. I don't make resolutions but I make lists of things to accomplish for the year. I know that sounds the same but it isn't. I think of things I have never done and want to try, or things we can do as a family. The quality of the time we have is so important with our children that finding simple moments even as the boys have gotten older is special. It's now meal time conversations, bike rides, and even still reading together with my 12 year old. I always make a point to learn something new each year by taking a class or going to a workshop. Through out the newsletter you will find information on many programs through the Infants and Toddlers Program and also through FCPS and other programs through out the county and beyond. If you need to find out more information about a program or resource I encourage you to speak to your child's service provider or contact me directly. Have a wonderful New Year !

Julie DeRoner, Family Support Network Coordinator



*It is impossible to say
What is impossible,
For the dream of yesterday is the
hope of today
and the reality of tomorrow*

Frederick County Infants and Toddlers Program

January 2007

Center Closings

Monday, February 19, 2007-
Presidents Day

Inside this issue:

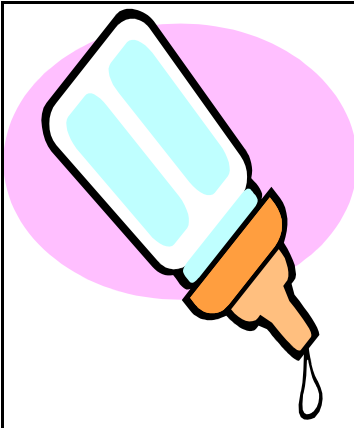
Tooth Decay	2
Network and Learn	2
Family Fun	3
Learning Opportunities	4
Learning Continued	5
Weather Policy	5
Sick Policy	6

From the Director – Dr. Monica Grant

Frederick County Infants and Toddlers Program is taking a new approach to measuring success in working with children and families. For many years, we have held ourselves to high standards for making sure we provide you with timely services, provide staff with excellent training, and ensure your satisfaction with our services. Under the direction of Maryland State Department of Education, we are excited to begin closely examining the developmental progress that children are making and the impact that our services have on families' capacity to care for children, especially those children with developmental delays that last longer than six months. Attached to your newsletter, you will find a letter from Carol Ann Baglin, Ed.D, Maryland State Department of Education, with a little more detail about the measurement of progress. If you have any questions about Dr. Baglin's letter or want more information about the information we will be gathering, please let me know. In the future, these measurements of success will help us to deliver even more effective services and supports for children and families.

Baby Bottle Tooth Decay

Baby bottle tooth decay is a very bad kind of tooth decay. It affects the baby's (primary) teeth of infants and toddlers. Baby bottle tooth decay will rot away the teeth, especially the top teeth in the front. It causes pain, cavities, ear and speech problems and eventually crooked teeth. It is very hard and very expensive to fix Baby Bottle Tooth Decay, but it can be prevented.



Children who suffer from tooth decay early in life are likely to be significantly underweight then those with healthy teeth.

How Can a Child Get Baby Bottle Tooth Decay? It starts when any liquid besides plain water touches your child's teeth for a long time each day. Milk, formula, breast milk, soda pop, juice and Kool-Aid all can cause decay. You may need to change the way you feed your child.

- Does your child walk around with a bottle most of the day?
- Does your child go to sleep with a bottle or while he is nursing?
- Is your child using a bottle after his first birthday?

You can Stop Baby Bottle Tooth Decay! Here are some things you can do to prevent Decay .

- 1- Don't put your child in bed with a bottle. Use a pacifier or a bottle with plain water instead. Play music or give your child a stuffed toy instead..
- 2- Don't let your child carry a bottle around all day. Give him something to drink from a cup every once in a while instead. Give them books and toys to entertain instead of a bottle.
- 3- Teach your child to drink from a cup when he is 6 months old. Stop bottle or breast feeding at baby's first birthday unless your pediatrician says otherwise.
- 4- Clean your child's teeth every day.

Network, Learn, Share and Discuss

Throughout the year there will be many opportunities to learn and share and support one another while your child is in the Infants and Toddlers Program.

Location: Frederick County Infants and Toddlers Program,
350 Montevue Lane, Frederick, MD

Time: 9:30 a.m.- 11:00 a.m.

The following is the schedule for our **Network, Share, Learn and Discuss Series**. Each topic will have a different speakers

*Tuesday, February 27, 2007 - **Toilet training readiness**

Monday, March 26, 2007 - **Sensory Processing, Learning and Behavior**

Monday, May 21, 2007 - **Nutrition and Feeding**

Childcare is provided for children birth-3. Registration is required

Please call Angela Simon, MSW, LCSW-C at 301-600-3264 or Julie DeRoner, Family Support Network Coordinator at 301-600-1617 for more information and registration

Family Fun Opportunities

Frederick County Parks and Recreation has some wonderful activities, classes for our little ones, adults and for the whole family.

You can find them in a copy of the Recreator or at www.recreator.com.

On March 31 at various locations and different times according to age groups you will be able to enjoy a spring egg hunt.

At Fountain Rock on Saturday March 3rd you can enjoy Family Nature Nights, there you will be able to beat the winter blues and enjoy seeing animals, enjoy and a fireside chat with refreshment with the whole family.

If your child is getting ready to turn 3 then look under their preschool programs.

There's Bunny Bonanza April 4th at the following centers- Catoclin, Oackdale and Middletown, Dr. Seuss on the Loose at Oakdale on February 28, Fantastic Foam crafts at Middletown, Oakdale, and Point of Rocks on various dates from the end of January to the end of March.

One of my favorites is their Funfit class. This is for ages 1-4 years. This is a fun class for toddlers and their parents. Some of these classes along with their new group called Giggles and Wiggles have already started but call for openings.

As you can see there is so much offered by the Parks and recreation Department in Frederick County. For more information on programs - call 301-600-2936



"Children are not things to be molded - but persons to be unfolded."

Other activities around Frederick County include

First Friday Evenings In Brunswick

Hours: 5-9 pm, On the 1st Friday on each month the town features special activities, live entertainment and extended store hours in Historic Brunswick on Potomac St and Maple Ave.

Frederick County Society of Model Railroad Open House

Date: February 4

Hours 1-4 pm

Location: Behind 423 E. Patrick St., Frederick, MD

Description: visit a working HO railroad scale model house, located in a authentic chesapeake and Ohio railroad car. For more information call 301-668-6371

Easter Eggtravaganza

Date: March 2nd

Hours: 2-4 pm.

Annual egg hunt starts at 2pm at the railroad square in Brunswick. Bring a bag or a basket. Hunt is for ages 12 yrs and under. Other activities include egg decorating, bonnet and hat parade, scavenger hunt, games and hay ride. For more information call 301-834-5591

Attention families:

The Infants & Toddlers Program will be offering small group programming in the Spring! You will be receiving a flyer in the mail soon, which will outline all of the details. These small developmental groups are designed for both parent and child to participate in activities, which enhance overall learning and social skills. If your child could benefit from increased peer interaction, structured play activities, and is receiving services through the Infants & Toddlers Program, these groups could be for you!

Learning Opportunities

Journey to Inclusion presents; Janice Fialka's "Dance of the Partnership" , Wednesday, February 7, 2007 6:30 pm -8:30 pm at The Glenwood Community Center 2400 Route 97, Cooksville, MD. In this workshop parents, professionals, and community members can learn the necessary tools to work in partnership. Janice will be discussing how to strengthen the parent/professionals partnership and will also be sharing her son's story to live without boundaries. This workshop is free but registration is required. You may register by email at director@family-networks.org or call 301-642-2277

Autism A Montessori Approach- February 16-19, 2007, at the Hampton Inn at Frederick/ Fort Detrick, Maryland

This is a 4 day, 32 hour course that describes the program blend of the Montessori curriculum and Applied Behavioral Analysis. This course was designed for Montessori teachers working with children who have low to mid functioning autism; however all teachers, parents, student aides and health professionals will benefit from this training. Fee \$100.00 for the 4 day session or \$30.00 for a single day. For information and registration go to the following website. www.mvms.info/autism.htm

5 Maryland Waiver Programs: February 13, 2007 6:45-8:45: Sponsors: The ARC of Montgomery County
Location: The Department of Health and Human Services 401 Hungerford Dr., Rockville, MD 20850

This program will provide useful information on all the waiver programs available in Maryland that might help in gaining services and funding for your child with special needs.

Family Voices - May 23-26, 2007, Washington , DC - National conference on medical information, health care issues, family-centered care, wellness, transition, cultural competence, youth perspective and more. For more information visit www.familyvoices.org

Way to Grow Lecture Series

February 6 - Innovations in Treatment - An Introduction to Neurofeedback

Speaker: Donna Troisi, LCSW-C, BCD

March 6 - Music Therapy

Speaker: Keri Wienk, MT-BC, Director of Music Therapy Services, Sonata Inc.

April 10 - Social Stories

Speaker: Karen Custer, LCSW-C

All lectures will be held at: Way to Grow

9093 Ridgefield Dr., #102

Frederick, MD 21701

To help us with our preparation, please RSVP to us by

calling 301-846-4769 or by email at way2grow@cs.com

Lectures are free of charge and open to everyone.

Learning Opportunities - continued

The Autism Society of Frederick County will be meeting on the following nights for 2007. All meetings are held at the ARC, 620A Research Drive from 7- 8:30 pm. There will be different topics and speakers each month with time for sharing and networking. For more information you may call 301-663-0909 or email johnandshawna4@adelphia.net

January 16—Monday	February 20 - Tuesday
March 19- Monday	April 16- Monday
May 21- Monday	June 18- Monday
July 16- tentative	August 20-Monday
September 17- Monday	October 15- Monday
November 19—Monday	December 17- tentative

Parents Learning Together

FCPS Partners for Success, FCDC Infants and Toddlers Family Support & Families Plus! are pleased to announce the 2007 schedule, a parent learning series for families of children with disabilities. The learning sessions will be held once a month and will feature different topics, speakers and a time for parents to share. We hope you will take note of our schedule and plan on attending some of our sessions.

Location: Governor Thomas Johnson Middle School

1799 Schifferstadt Boulevard

Frederick, MD

Time: 7-8:30 PM

February 7-Social Skills

Speaker- Becky Groves, FCPS Autism Teacher Specialist

March 14-Topic-Summer Activities

Local and state-wide information on summer programs.

April 11-Topic-Family Support



For more information call Partners for Success at 240-236-8430, Family Support Network at 301-600-1617, or Families Plus! at 301-694-9002

Inclement Weather Policy

- When Frederick County Public Schools (FCPS) are closed due to inclement weather, early intervention services, including evaluations are cancelled.
- If FCPS have a one-hour delay, all appointments scheduled to begin prior to 9:00 a.m. are cancelled.

If FCPS have a two-hour delay, all appointments scheduled to begin prior to 10:00 a.m. are cancelled.

- In the event of early closure, early intervention services scheduled to begin after schools will close, are cancelled.

Frederick County Infants and Toddlers Program

Family Support Network
Frederick County Infants and
Toddlers Program
350 Montevue Lane
Frederick, MD 21702

Phone: 301-600-1617
Fax: 301-600-3280
Email: jderoner@fredco-md.net

****Please read important
Program information attached!**

Sick Policy

The cold and flu season is here. For your child's health and the health of all children in the Infants and Toddlers Program, please notify your service providers if your family or child is ill. You should cancel services if your child has been vomiting or has had a fever (over 100 degrees within 24 hours of his/her appointment.) An undiagnosed rash, or if your child has a bad cough. The first 24-48 hours of a cold are the most contagious. If your child's illness is being treated with antibiotics, allow 24 hours from the start of medication before receiving our services. If you should have any questions or are uncertain whether to cancel your appointment please call 301-600-1611.

****The findings of a recent CDC report show a link between cold medicines and emergency room visits -- even deaths -- in infants and toddlers. The CDC is warning that parents "should only administer cough and cold medications to children in this age group when following the exact advice of a clinician." Please contact your doctor before giving your child any medication.**

